Symptoms for Breast Cancer include:

- A lump in the breast tissue. Breast tissue extends to the collarbone and underarm where some lymph nodes are located.
- A change in size or shape of the breast.
- An inverted or scaly nipple or watery or bloody discharge from the nipple.
- A red rash with the texture of an orange rind that appears on the skin covering breast tissue.

*Regularly check yourself and get a mammogram.*

Symptoms for colorectal cancer include:

- A change in bowel habits or change in consistency of stool that doesn't ease up (e.g. diarrhea or constipation).
- Rectal bleeding or blood on the stool.
- Black, tarry stool.
- Stomach cramps, gas or pain that is persistent.
- Unexplained weight loss.